**BEACH**

**Dates JAN-DEC 2024**

The sessions all start promptly at the allocated time, **if you arrive late you will not be allowed to undertake the session** and your manager will need to rebook you on another date.

**Session Time AM – 08:30-12:00**

**PM – 12.30 -16:00**

**Please mark 1st, 2nd and 3rd choice of date/s**

|  |  |  |  |
| --- | --- | --- | --- |
| Monday 6th January 2025 PM (AH & RH) |  |  |  |
| Monday 10th February 2025 PM (AH & RH) |  |  |  |
| Monday 17th March 2025 PM (AH & RH) |  |  |  |
| Monday 28th April 2025 PM (AH & RH) |  |  |  |
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**PLEASE NOTE THAT THESE TABLES MUST BE FILLED IN COMPLETELY BEFORE YOU WILL BE BOOKED ONTO THE COURSE**

|  |  |
| --- | --- |
| Name (As on ESR) |  |
| Band + Job Role |  |
| Ward/Department |  |
| Site |  |
| Managers Name |  |
| Email Address |  |
| Mobile Number |  |
| Preferred Time (If Applicable) |  |